

Saturday, January 7, 2012  
10:00 a.m. – 1:00 p.m.

Metropolitan AME Church  
1518 M Street, NW,  
Washington, DC 20005

(Farragut North/Red Line or  
McPherson Square/Blue or  
Orange Lines)

[Click here to register](#) or go to  
[www.caab.org](http://www.caab.org).

Moderator:

*Linda Easley Stroman, Director  
of Financial Education, Capital  
Area Asset Builders (CAAB)*

Presenter:

*Geoffrey "COACH" Tate  
Financial Management Coach*

For more information call  
CAAB at 202-419-1440.



Metropolitan AME Church  
**New Ministries Task Force**  
Sarah Allen Missionary Society  
And the  
Daniel Payne Community Development Corporation

present the workshop

## "Can I Afford My Life?"

Metropolitan AME Church in partnership with Capital Area Asset Builders (CAAB) and Daniel A. Payne Community Development Corporation is presenting a free, dynamic and eye-opening workshop to address this question.

Learn how to make your money work for you! During this three-hour journey you will discover and understand your relationship with money, the power in the art of budgeting, how to eliminate fear and take charge of your credit, and learn how to pay yourself first!

**Learn to live the life you have always desired!**

Registration is required and you must be 18 or older. Please register by Wednesday, January 4, 2012.

[Click here to register](#) or go to [www.caab.org](http://www.caab.org)